



## Child, Adolescent and Family Interest Group (CAFPIG) Victorian Group

The Child, Adolescent and Family Interest Group caters for anyone working or Interested in working with children, adolescents or families. It is the largest of the APS Interest Groups and brings together practitioners, academics and students of all ages and a range of backgrounds.

# HUMOUR IN LIFE AND THERAPY

## (A Psychologist's Humour is No Laughing Matter!)

Moshe Lang is one of Australia's best known family therapists. He has practiced and taught clinical psychology and family therapy in Melbourne since 1965 and he has been a regular commentator on issues associated with clinical psychology and family therapy, Moshe is well known for his workshops and unique teaching style, marked by clarity, humour and empathy.

Moshe has published extensively in the professional literature on themes ranging from work with children and adolescents, depression, eating disorders, suicide, school refusal, work with Holocaust survivors and their families, couples therapy and teaching family therapy. He is the co-author of *Corrupting the Young and Other Stories of a Family Therapist* and *Resilience: Stories of a Family Therapist* (with Tessa Lang); as well as *A Family in Therapy* and *The Answer Within* (with Peter McCallum). These highly regarded books have been extensively reviewed and translated to Hebrew and French. Recently he has brought out two highly praised DVDs, *Behind Closed Doors*, providing the viewers, professional and general public alike with the opportunity to see him at work.

After a brief review of fifty years of clinical practice Moshe will talk about humour in his own life and the advantages and risks of humour in therapy with children, adults and families. The significance of humour in establishing relationships, health, stress management and relaxation will be considered. The relationship between humour, play, creativity, laughter and intimacy will be explored. If time permits the connection between humour and depression, anorexia and the holocaust will also be discussed.

When: Thursday 7th May 2015, 7:30-9:30 pm.

Where: Caraniche Head Office: Level 1 260 Hoddle St, Abbotsford.

Cost: \$20 CAFPIG members, \$35 non-members, \$15 full time students.

Bookings: APS Events Calendar [www.psychology.org.au/events](http://www.psychology.org.au/events).

RSVP: by Monday 4th May 2015.

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This activity counts towards two (2) continuing professional development hours for psychologists and professional development for provisional psychologists.