

FEEDBACK - FRIDAY 23RD FEBRUARY 2018

- Refreshing, playful and real learning from experience. I'm happy I dared to play, think and be here;
- I found the format of the workshop engaging and enlivening. The content was excellent and I'm very impressed by Moshe's ability to engage and provide a learning environment that inspires and challenges;
- Informative and interactive, refreshing changes from other workshops like this;
- A very different and refreshing approach to learning. I enjoyed the experimental nature of the workshop and now feel more daring and confident to face those "stuck moments" in therapy and in life. Moshe I admire your outlook on life and your humour;
- It was very enjoyable and thought provoking. I learnt that it is very useful and helpful to be more daring, challenging and playful with clients. I thoroughly enjoyed each exercise and the stories that Moshe told helped my learning;
- There is a comfort in distilled knowledge committed to paper but, this active/experiential learning was an effective way of promoting thoughts.
- Interesting moments that challenged my experience of myself;
- Really enjoyed the experiential activities and feedback from participants. Effective in challenging my thinking about "effective therapy";
- Enjoyed it, active and engaging. Encouraged me to question and see being stuck as an opportunity;
- Great experience, lots to think about and gave me lots of ideas to explore in the future;
- Always very engaging, entertaining. Don't stop telling stories. Keep running your study groups and supervision. Very thought-provoking;
- Very interesting, challenging and gained new ideas and perspectives;
- Challenging, refreshing, engaging and liberating, Thank you;
- I find Moshe's experience and new ideas inspirational;
- Thank you so much for your workshop on Friday. It was so refreshing for me to have such a playful look at intense situations. I was also so struck at how clearly we could see the restrictiveness of our assumptions and beliefs as they played out in the role plays. For me personally, I gained a great deal. I have been the Director of Clinical Services at an independent, not for profit, with all the bureaucracy and administration that that entails. In your workshop, as I stepped back into therapeutic mode, I felt like I was stepping back into a pair of cosy slippers I knew, and then discovered there were all these different shapes and sizes of slippers I could try and explore. They were not all comfortable but the possibilities were opening up and all of these were around the layers of therapy, which intrigue and engage me. I left the workshop energized and optimistic and having re engaged my sense of playfulness and creativity. Thank you!