



## PROFESSIONAL DEVELOPMENT SERIES

### Humour in Life and in Therapy

(A psychologist's humour is no laughing matter!)

**Moshe Lang** is one of Australia's best known family therapists. He has practiced and taught clinical psychology and family therapy in Melbourne since 1965 and he has been a regular commentator on issues associated with clinical psychology and family therapy, Moshe is well known for his workshops and unique teaching style, marked by clarity, humour and empathy.

Moshe has published extensively in the professional literature on themes ranging from work with children and adolescents, depression, eating disorders, suicide, school refusal, work with Holocaust survivors and their families, couples therapy and teaching family therapy. He is the co-author of *Corrupting the Young and Other Stories of a Family Therapist* and *Resilience: Stories of a Family Therapist* (with Tesse Lang); as well as *A Family in Therapy* and *The Answer Within* (with Peter McCallum). These highly regarded books have been extensively reviewed and translated to Hebrew and French. Recently he has brought out two highly praised DVDs, *Behind Closed Doors*, providing the viewers, professional and general public alike with the opportunity to see him at work.

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After a brief review of fifty years of clinical practice Moshe will talk about humour in his own life and the advantages and risks of humour in therapy with children, adults and families. The significance of humour in establishing relationships, health, stress management and relaxation will be considered. The relationship between humour, play, creativity, laughter and intimacy will be explored. If time permits the connection between humour and depression, anorexia and the holocaust will also be discussed.

CAPAV members, colleagues, friends and family members are privileged to have Moshe Lang share with us the benefit of his experience of 50 years of counselling. For more information about Moshe you can visit his website at <http://moshelang.com.au>.

CAPAV welcomes you warmly to this event which will attract 6 CPD points. Afternoon tea will be provided.

When: Friday, 13th March (*could be a disaster but come anyway!*) 2015, from 1-4.30 pm

Where: Williams Road Psychotherapy Centre

3 Williams Road, Windsor – free parking available in the area

Cost: \$ 50 for CAPAV Associate/Clinical/Affiliate Members

\$ 60 for non-CAPAV members

\$ 30 for students, non-workers and interested family members

To Register: Register online via <http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=122122>

Enquiries to Heather Bunting on 0421 908 424 or [heather\\_bunting@hotmail.com](mailto:heather_bunting@hotmail.com)

*Payment not refundable if cancellation occurs within three days of workshop.*