

LIST OF WORKSHOP TOPICS WITH MOSHE LANG

- **THE AFFAIR – BETRAYAL OR “JUST SEX:** To develop an understanding of the importance of creating a respectful and hopeful atmosphere that allows therapeutic work to begin. Gain insight into Moshe Lang’s therapy style; - DVD - Behind Closed Doors
- **LEAVING HOME:** Mother and Son: Engaging an inarticulate, reluctant young man (and bringing the absent father into the picture)
- **HUMOUR IN LIFE AND THERAPY:** The significance of humour in establishing relationships, health, stress management and relaxation will be considered. The relationship between humour, play, creativity, laughter and intimacy will be explored.
- **THE JOY OF THERAPY:** A conversation with Moshe about his 52 years of continuing clinical practice
- **SELFCARE:** An exploration for therapists. How to best look after themselves
- **LIVE SUPERVISION:** Role-play with the participants. Moshe will demonstrate how he would work with people the participants are struggling with and will stop regularly to discuss.
- **TECHNIQUES FOR GETTING OUT OF STICKY SITUATIONS:** Experimental workshop
- **WORKING WITH HOLOCAUST SURVIVORS AND THEIR FAMILIES:** Stories of family therapy with Holocaust Survivors and their families are presented. They came with symptoms or complaints that seemed unusual and at times bizarre. The amazing resilience of the survivors, the strength and vitality that made it possible for them to overcome their pasts and build new lives in a new country.
- **THE BLACK FAMILY:** Moshe works with a family where Mother, and then her daughter attempted suicide. The workshop includes a video presentation of the whole of the first interview and segments of all subsequent interviews
- **DEBBIE & HER SLURPING STOMACH:** Working with a family where the adolescent daughter suffers with Anorexia
- **BLENDED FAMILIES:** A video presentation with a blended family
- **CHILDREN’S DEPRESSION SCALE:** An invaluable tool for identifying depressed children. Six sub-scales measure affective response, social problems, self-esteem, pre-occupation with own sickness or death, guilt, pleasure and enjoyment.