



Australian Association of Family Therapy

MOTHER AND SON

Engaging an inarticulate, reluctant young man (and bringing the absent father into the picture)

Twenty-one year old Daniel has moved back home to live with his mother, unannounced, and they are arguing constantly. In this session, Moshe Lang demonstrates his great skill as a therapist by being attentive, empathic, respectful, collaborative, neutral and, above all, human.

Moshe elicits the story of the breakdown of Daniel's parent's marriage, Meg's pain, disappointment and sense of failure, and the role this plays in her ambivalence around Daniel coming home. Daniel is difficult to engage, yet, as Moshe explores his experience of his parent's breakup, the deep sense of abandonment emerges.

A professional development workshop with

Moshe Lang

Novotel Hotel

5 King St

Newcastle, NSW

Wednesday 27 May

1.00 pm – 5.00 pm

Fee (including GST):	AAFT Members	\$50
	Non AAFT Members	\$60

Auspiced by the Gilead Downs Family Therapy Centre

Registration and further information: Email name and contact details to:

Dr Harvey Miller (gileaddowns@inet.net.au) or phone 0400 332 482

Invoices will be sent with direct credit details. PD points available.



Moshe Lang is one of Australia's best known family therapists. Born in Israel, he migrated to Australia as a young man and settled here in 1961. He studied psychology at the University of Melbourne, and is the Director of William Road Psychotherapy Centre.

Between 1965 and 1979 he was senior psychologist at the Bouverie Clinic and Director of Training. In 1975, during a sabbatical, he worked in Ramat-Chen Mental Health Clinic in Israel. In 1979, he founded Williams Road Family Therapy Centre, the first independent family therapy centre in Australia. Moshe remained involved with the Centre until 2012 – sharing co-directorship with Dr Brian Stagoll from 1981 to 1997.

He was Foundation President of the Australian and New Zealand Journal of Family Therapy (1979-1988), and from 1982 to 1984 was President of the Victorian Association of Family Therapists (now known as Australian Association of Family Therapy). Moshe is also the Recipient of the Inaugural Award of Special Services to Family Therapy from the Australian New Zealand Journal of Family Therapy (1994), and a Life Member of the Australian Association of Family Therapy (1992). Moshe gave the key-note address at the Inaugural Family Therapy Conference in Melbourne (1980).

Moshe has practiced and taught clinical psychology and family therapy in Melbourne since 1965 – the first 15 years at The Bouverie Clinic and since 1979 from 3 Williams Road, Windsor. He has been a regular commentator on issues associated with clinical psychology and family therapy.

He is the co-author of Corrupting the Young and Other Stories of a Family Therapist and Resilience: Stories of a Family Therapist (with Tesse Lang); as well as A Family in Therapy and The Answer Within (with Peter McCallum). These highly regarded books have been extensively reviewed and translated to Hebrew and French.

What they are saying – about Moshe, and about his work with this family

New therapists are often full of technique and drama, keen to impress. Old masters seem to just become simpler and more human. Being able to watch someone with a lifetime of experience in family therapy would seem an impossibility, and the ethics of making training videos with real people create a real hurdle.

This workshop by Moshe Lang, together with talented professional actors, creates the chance for beautifully filmed and profound, gentle work to be seen close up.

As anyone who has been in therapy knows, we are full of our own surprises, and the actors are soon lost in real emotion, the layers of their own lives colouring and informing the roles. We see that in creating the spaciousness of real listening, the soul emerges and people learn their own lessons. Moshe seems to use self as his only tool, and it invites deep honesty and self-reflection.

Problems we all go through at some stage – a young adult child taking responsibility, the pain between all men and women in a marriage as it grows – show their deeper sides in sudden swoops down to a deeper reality.